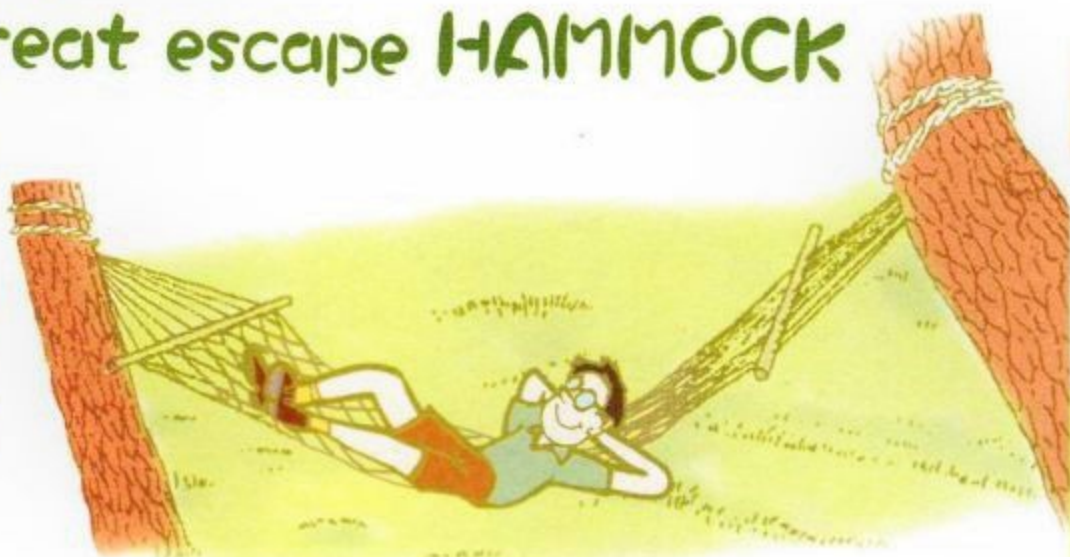


懶洋洋的吊床

A great escape HAMMOCK

偷得浮生半朝閒，用些心思和童軍手藝便可編製一張吊床，將之綁在兩棵牢固的大樹上，先坐好再躺下，便可舒適地看書，真是人生一大樂事。

Indulge yourself after a hard day work? By making use of some raw materials and your scoutcraft, you may create a comfortable suspended bed. Tie it round two thick trees and you can lie down to read a good book. What a real treat for a laid-back afternoon! Ooh ... zzz



製作方法 Making Method :

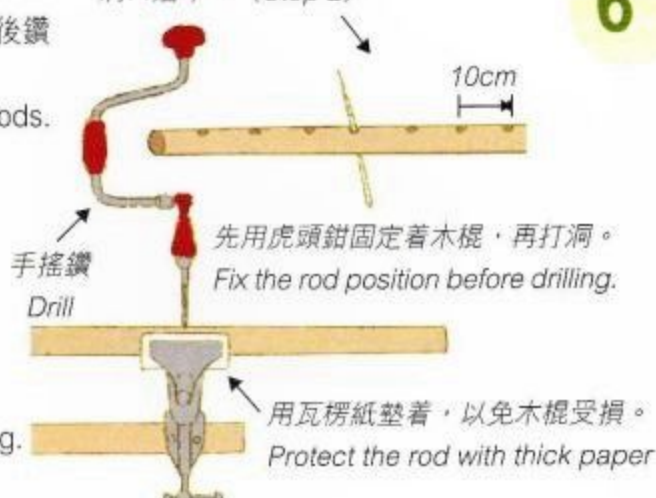
- 1 先在圓木棒上每隔 10cm 做一記號，然後鑽 8 個小洞
Every 10cm, make a mark on the two rods. Then file 8 holes each.

- 2 鑽通洞後，用圓棒銼子將洞口磨滑
Polish all the holes with a file pencil.

- 3 準備 16 條長 10 公尺的繩段
Cut 16 sections of rope, each 10m long.

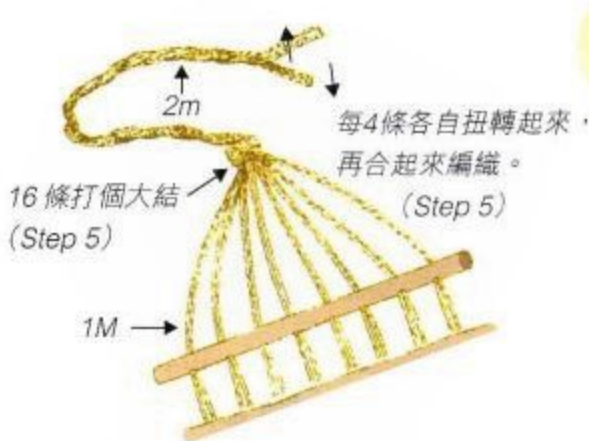
- 4 每 2 條繩子做成一束，分別穿過圓木洞。
Use 2 pieces of rope to pass through each hole.

打通洞後，用圓棒銼子將洞口磨平。(Step 2)

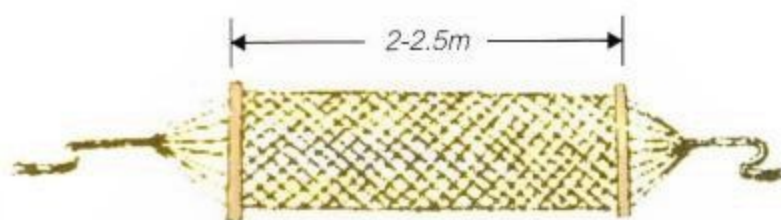


- 6 繩子以平結方式編織而下，每個結相距 5cm，若編織的空隙留太大，寬幅將會變窄。每條繩子都很長，不妨先繞成小捆，以免打結。
Finish knitting the bed body by making sufficient numbers of reef knots. Each knot should be 5 cm apart, otherwise the holes will be too large and the bed will become uncomfortable. In order to avoid the ropes mingle together, coil up the ropes in small bundles before use.

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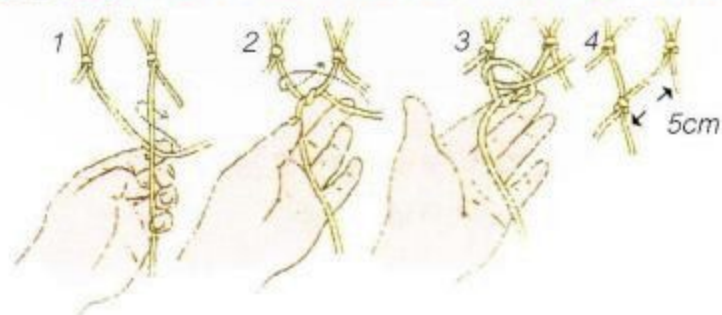


- 5 依圖示將 16 條繩子打一個大結，尾部每 4 條各自扭轉一起，再合起來編織。
Tie up all the 16 pieces of rope with a big knot as shown in the diagram. Pick every 4 pieces rope and self-twist them first before twisting them into one thick piece.



- 7 完成編織床身部分 (約 2 - 2.5m 長)，便重覆步驟 4 和 5。
After completing knitting the bed body (approx. 2 - 2.5m long), repeat step 4 and 5 to finish off.

平結打法 How to make a Reef Knot ?



材料及工具 Materials & Tools :

- 手搖鑽 (螺絲直徑 8mm) a portable drill with a 8mm screw
- 繩索 2 捆 (直徑不用太粗，約 5mm)
2 bundles of rope (approx. 5mm thick)
- 間呎 a ruler
- 圓棒銼子 a file pencil
- 圓木棒 (長 90cm) 2 根 2 pieces of thick rod (90cm long)